

# Evidence-based Classroom Management: Research to Practice

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## 1. Maximize structure in your classroom.

- Develop **Predictable Routines**
  - **Teacher routines**
  - **Student routines**
- **Design environment** to (a) elicit appropriate behavior and (b) minimize crowding and distraction:
  - Arrange **furniture** to allow easy traffic flow.
  - Ensure adequate **supervision** of all areas.
  - Designate staff & student **areas**.
  - **Seating** arrangements (groups, carpet, etc.)

## 2. Post, Teach, Review, Monitor, and reinforce a small number of positively stated expectations.

Establish

**Behavioral expectations/Rules**

- A small number (i.e., 3-5) of *positively* stated rules. **Tell students what we want them to do, rather than telling them what we do not want them to do.**
  - Publicly **post** the rules.
  - Should match SW Expectations
- **Operationally define** what the rules look like across all the routines and settings in your school.
  - One way to do this is in a **matrix** format.
  - This matrix should compliment your school-wide matrix, but be specific to your classroom setting.

**Rules within Routines Matrix**

Routines →	Entering Classroom	Seat Work	Small Group Activity	Leaving Classroom
Rules ↓				
Respect				
Responsibility				
Safety				

Teach

**rules in the context of routines**

- Teach expectations directly.
  - Define rule in operational terms—tell students what the rule looks like within routine.
  - Provide students with examples and non-examples of rule-following within routine.
- Actively involve students in lesson—game, role-play, etc. to check for their understanding.
- Provide opportunities to practice rule following behavior in the natural setting.

Prompt

**or remind students of the rule**

- Provide students with **visual prompts** (e.g., posters, illustrations, etc).

- Use **pre-corrections**, which include “verbal reminders, behavioral rehearsals, or demonstrations of rule-following or socially appropriate behaviors that are presented in or before settings where problem behavior is likely” (Colvin, Sugai, Good, Lee, 1997).

Monitor

students' behavior in natural context

- Active Supervision (Colvin, Sugai, Good, Lee, 1997):
  - **Move** around
  - Look around (**Scan**)
  - **Interact** with students
    - Reinforce
    - Correct



Evaluate

the effect of instruction

- Collect data
  - Are rules being followed?
  - If there are errors,
    - **who** is making them?
    - **where** are the errors occurring?
    - **what** kind of errors are being made?
- Summarize data (look for patterns)
- Use data to make decisions

### 3. Actively engage students in observable ways.

- Provide high rates of opportunities to respond
- Consider various observable ways to engage students
- Link engagement with outcome objectives
- Range of evidence based practices that promote active engagement
  - Direct Instruction
  - Computer Assisted Instruction
  - Class-wide Peer Tutoring
  - Guided notes
  - Response Cards

### 4. Establish a continuum of strategies to acknowledge appropriate behavior.

- Specific and Contingent Praise
- Group Contingencies
- Behavior Contracts
- Token Economies

### 5. Establish a continuum of strategies to respond to inappropriate behavior.

- Error Corrections
- Differential Reinforcement
- Planned ignoring
- Response Cost
- Time out from reinforcement

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